



# CAMP OAK HILLS™

*Bemidji, MN*

Dear Camp Oak Hills Families

Adventures are always better when you're prepared. Which is why I'm so excited to give you access to **Prep4Camp**. Developed by psychologist and camp parent, Dr. Chris Thurber, Prep4Camp includes a 25-minute video (for families to watch together), a 20-minute podcast (for parents to download and listen to on the way home from opening-day drop-off), and a PDF tip sheet for campers to print and pack with the rest of their gear.



**Prep4Camp** has been carefully designed after extensive research on what promotes positive adjustment. We want everyone who attends Camp Oak Hills to feel happy, make friends, have fun, and cope effectively with any normal feelings of missing home. Prep4Camp makes that possible by giving caregivers and kids expert guidance, insider tips, and actual campers' perspectives on how to get the most out of camp.

**Enrollment** in Prep4Camp is so valuable that I have pre-paid for all new Camp Oak Hills families. Simply click on the link below, create your unique Prep4Camp account, and start enjoying the benefits of this ingenious and entertaining program. Investing a little time now will have huge benefits at camp.

Your unique registration code is: [d523ce15ebca48326908fece4092acb7](https://www.expertonlinelearning.com/register/?type=Student&code=d523ce15ebca48326908fece4092acb7)

Link: <https://www.expertonlinelearning.com/register/?type=Student&code=d523ce15ebca48326908fece4092acb7>

Our friends at **ExpertOnlineTraining.com** host the **Prep4Camp** program, so if you run into any technical snags, please do not call Camp Oak Hills. Instead, call Expert Online Training's toll-free support line: (877) 390-2267 between 9-5 Eastern, Monday through Friday. One of their Customer Success Team members will be glad to answer your questions.

Camp is a powerful vehicle for positive youth development. And by using **Prep4Camp**, we are confident that everyone will have an amazing experience!

Sincerely yours,

Brian Eastling

Program Director  
Camp Oak Hills

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